

POLIO



POST

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February 2022

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Publicity: Don Lavallee

You may visit our website at www.postpolionetwork.ca or email us at postpolionetwork@gmail.com

Presidents Report February, 2022

Welcome to 2022 and a Belated Happy New Year to everyone. Winter is in full swing – snowy, windy and cold. COVID is still a major issue in our lives and it is our hope that everyone is coping okay.

With the relaxation of social restrictions, PPN did manage to have a couple of meetings in 2021. Everyone who attended was vigilant about social distancing, masking and being vaccinated. Our September and October meetings were social gatherings with round table discussions. It was interesting to hear how individuals were coping in these stressful times. The November meeting was our Winter Celebration Luncheon. We have a great time with good food and good friends.

It has been my pleasure and privilege to have served as the President of the Board of Directors for the Post Polio Network for the past ten years. Time has come to pass the baton on; so, I am pleased to announce that Wes Hazlett will be the President and Don Lavallee will be the Vice-President of PPN's Board of Directors. Thank you to the board and the members for their help over the past years; you made everything worthwhile. Would you please consider volunteering to become one of the Directors on the PPN Board as volunteers are needed for various positions including Secretary and Committee Chairs? Give us a call at 204 975 3037. Please forward your membership fees for 2022 if you haven't already done so.

The Board of Directors is planning to hold Post Polio Network's Annual General Meeting on March 29th. If there is a change in Manitoba's Health Directive on gatherings and it is necessary to cancel the AGM, members will be notified either by telephone, email or regular mail. Hope to see you there. Take Care and Stay Safe! .

Bill 72 UPDATE:

The Disability Support Act and Amendments to the Manitoba Assistance Act:

From: <https://news.gov.mb.ca/> News Release – Manitoba October 15, 2021

Disability Support Act Enables Creation of Tailored Program Separate from Employment and Income Assistance: Squires

The Manitoba government has passed legislation to support the development of a new income support program for individuals living with severe and prolonged disabilities who have no other means of supporting themselves, Families Minister Rochelle Squires announced today.

“Our government is committed to supporting the specific and unique needs of Manitobans with severe and prolonged disabilities and to improving their quality of life,” said Squires. “The passing of Bill 72, the Disability Support Act, lays the groundwork for the development of the income support program tailored to their needs.”

The Disability Support Act supports the creation of the program that will be separate from Employment and Income Assistance (EIA) and include disability support payments and shelter assistance tailored to the unique and specific needs of individuals with severe and prolonged disabilities, the minister said.

Under previous legislation, Manitobans with severe and prolonged disabilities were treated the same as those experiencing temporary losses of employment or lesser barriers to permanent employment due to shorter-term or less severe disabilities.

The minister noted the Manitoba Assistance Act has also been amended to strengthen requirements for participation in programming and supportive planning that would help people move closer to employment and labour market attachment.

Public and stakeholder consultations in 2019-20 showed strong support for the new income support program, separate from EIA. Additional virtual consultations were held earlier this year. All public feedback will be used to form the next steps in the development of the program, the minister added.

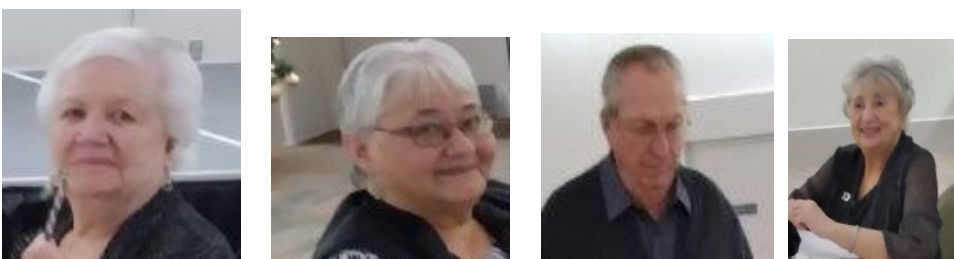
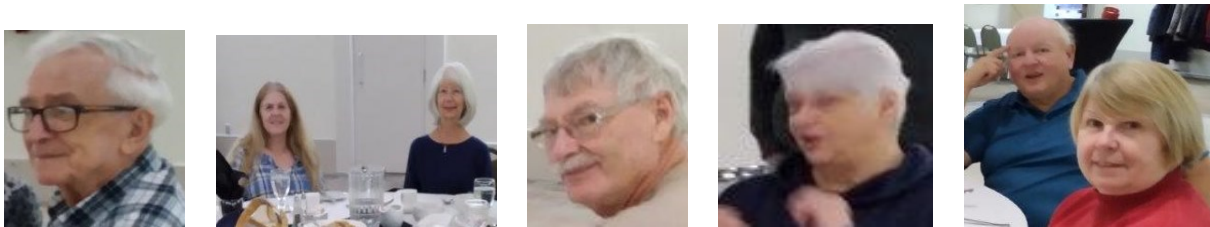
More information on services for Manitobans with disabilities is available at www.gov.mb.ca/fs/imd/.

PPN Winter Celebration Luncheon

November 29th, 2021

The luncheon was a great success with good friends and good foods.

P.S. Sorry if I missed you



Members Page

Upcoming Events

1. March Annual General Meeting

DATE: **March 29th**, 2022

LOCATION: Caboto Centre
1055 Wilkes Ave; WPG

TIME: 1:00 p.m. – 2:30 p.m.

2. April General Meeting

DATE: **April 26th**, 2022

LOCATION: Caboto Centre
1055 Wilkes Ave; WPG

TIME: 1:00 p.m. – 2:30 p.m.

SPEAKER; TBA

TOPIC: TBA

Passages

PPN has lost another longtime member of our network.

Ken Ivey passed away in Oct 2021.

Ken and Susan attended our executive meetings that we have in the past held in Brandon.

Our condolences to his wife, Susan, family and friends.

Do you have an interesting story to tell?

Or do you know any good jokes, inspirational or humorous quotes or poems? Then you are invited to email them to:

postpolionetwork@gmail.com or mail them to:

Post-Polio Network (Manitoba) Inc.
C/O SMD Self-Help Clearinghouse
825 Sherbrook Winnipeg, MB, R3A
1M5

Laughs for Today

Excerpt From Facebook

We had to have the garage door repaired.



The repairman told us that one of our problems was that we did not have a 'large' enough motor on the opener. I thought for a minute, and said that we had the largest one made at that time, a 1/2 horsepower.

He shook his head and said, 'You need a 1/4 horsepower.'

I responded that 1/2 was larger than 1/4 and he said, 'NOOO, it's not. Four is larger than two.'

I was at the airport, checking in at the gate when an airport employee asked, 'Has anyone put anything in your baggage without your knowledge?'

To which I replied, 'If it was without my knowledge, how would I know?'

He smiled knowingly and nodded, 'That's why we ask.'

When my wife and I arrived at a car dealership to pick up our car after a service, we were told the keys had been locked in it.

We went to the service department and found a mechanic working feverishly to unlock the driver's side door. As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked. 'Hey,' I announced to the technician, 'its open!'

His reply, 'I know. I already did that side.'

PRAISE FOR WINNIPEG

Excerpts from www.travel.destinationscanada.com

The Best of Canada's Vibrant Cities from Coast to Coast to Coast

Situated in the geographic center of North America at the junction of the Red and Assiniboine Rivers, Winnipeg, Manitoba, is an ideal city for taking things slow. Start your trip off right in this city of 750,000 by unwinding in the sauna at Thermea by Nordik spa-Nature, then slipping into an ice-cold pool for a "thermal shock" (really, it's a good thing). Continue yourself care in "The Peg" by checking in to the Inn at the Forks (it also has an on-site spa and restaurants) named for the Forks National Historic Site, where Indigenous peoples trapped and traded for 6,000 years.

You can spend hours at this traditional meeting place, from visiting a tall grass prairie garden to shopping in historic stable buildings. But do take time out at other new gathering spots: the Indigenous Peoples Garden in Assiniboine Park and Qaumajug. The recently opened museum location with the WAG has the world's largest public collection of contemporary Inuit art. Another mind-expanding must-see is the Canadian Museum for Human Rights. The first museum globally. Winnipeg's diversity can also be discovered through its cuisine on a food tour in the West End. The local food and beverage scene is flourishing.

SECOND CHANCES

by Harriet Zaidman

"Second Chances" was written by Harriet Zaidman. For background information, Ms Zaidman interviewed a couple of PPN's members regarding their experiences from the 1950's polio epidemic.

The main character, a teen named Dale, is on a West Kildonan community hockey team coached by Vince Leah. One of the first chapters includes mention of the games events, with Terry Sawchuk's stellar goaltending creating excitement in the home, just as Dale falls ill. He becomes a patient in the King George Hospital where he falls for a girl whose family lives in Rooster Town. The year was 1955, when the City of Winnipeg and housing developers were looking for land to build suburbs, and began the process of pressuring and evicting the Metis residents there. At the time the Salk vaccine was developed, but due to misinformation and gossip the father of the teen hockey star refuses to sign the letter of consent with disastrous results. There was a book launching at McNally Robinson's in Winnipeg on Nov.20th, 2021.

THE INTERNATIONAL CENTRE FOR POLIO EDUCATION

Excerpt from: www.postpolioinfo.com

The International Centre for Polio Education is the world's foremost center for PPS research and education. No one center has studied or published more articles on so many different physical and psychological aspects of PPS. The ICPE is also home to the International Post-Polio Task Force. The IPTF was organized in 1984 to promote communication among the handful of doctors and researchers then interested in PPS...

IPTF membership has grown from 42 professionals to hundreds of clinician, scientist and polio survivor members in 24 countries on every continent. Its current work includes disseminating the latest information about the cause and treatment of PPS to clinicians and polio survivors, creating post-polio clinics and advocating for governments to accept PPS as a medical diagnosis and to pay for PPS treatment.

OUR DONORS

It is our members and our donors that provide the Post Polio Network with the ability to undertake all that we do. We would like to express our gratitude and appreciation to our donors.

Ken Peters, Beatrice McLean, Joanne Bouvier, Marilyn Friesen, Doris Benson, J. Knight, M. Waldron, Vonda Cranswick, Denise Pelletier, J. Rodger, E. Ewacha, Walter Berezowski, Marie Anne Britton, Ray Calvert, Wesley Hazlett, Bonnie Hopps, Joe Smithson, Karl Surber, Maria Ursi, Abe Wiebe, Annette Fenlon, Robert Rutherford,

Darlene Byers, Dennis Boboski, Len Baydack, Jessica Matchett, Magellan Aerospace Winnipeg, The Hugh and Margaret Campbell Charitable Fund and to the people that donated to the PPN through the United Way.

CALL 211

211 Manitoba is a free, confidential, 24/7 service. 211 is a one-stop searchable listing that connects individuals to non-profit, social, community and government, health, and social services that are available across the province. The service helps Manitobans who are looking to find the right community or social resource but don't know where to start. 211 Manitoba also makes it easy for service providers and first responders to direct others to the right resource.

Individuals can call 2-1-1 to talk with trained professionals to help find and navigate the services they need and/or they can access the website and use the chat function. <https://mb.211.ca/>

GREY CUP POOL TICKET WINNERS

Congratulations to the winners of PPN's Grey Cup Pool. Thank you for donating and helping PPN fund raiser. Winners included Butch Buechler, Chris Bebbler, J Currie, Orville Harper, Ken Peters, Donna Remillard, and Estelle Sabourin

DONATION

One of our members has a pair of new Foam Tread Slippers to donate (Size 6.5 w right and left is a size 7.5) If interested, please call the office at 204 975-3037.

Accessibility is being able to get into the building.

Diversity is getting invited to the table.

Inclusion is having a voice at the table.

Belonging is having your voice heard at the table!!!

Author unknown; excerpt from Facebook

Membership Application Form



Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____

Telephone: _____ E-mail: _____

Please check one or more of the following options:

New Membership - \$15/year ____ for 20 ____

Membership Renewal - \$15/year ____ for 20 ____

I wish to make a charitable donation of \$ _____

(Tax deductible receipt will be issued for donations over \$10.00.)

Total \$ _____

Please make cheque payable to: Post- Polio Network Mb. Inc.

Your NEWSLETTER delivery preference by: ____ mail or ____ email

Please mail this application form and cheque to:

Post-Polio Network, 825 Sherbrook St., Wpg. Mb. R3A 1M5

For further information please phone 204-975-3037

Signature

Date

Post-Polio Network's Privacy Policy

The Post-Polio Network (Manitoba) Inc. respects your privacy. We protect your personal information and adhere to all legislative requirements with respect to protecting privacy. We do not rent, sell or trade our mailing lists. The information provided will be used to deliver services and to keep you informed and up to date on the activities of the Post-Polio Network (Manitoba) Inc.

You may visit our website at: www.postpolionetwork.ca or email us at postpolionetwork@gmail.com

If at any time you wish to opt out of any services, simply contact us by phone (204-975-3037) or write us at 825 Sherbrook St., Wpg. Mb. R3A 1M5 and we will gladly accommodate your request.